

SAINT PATRICK MANLEY

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SAINT MARY ELMWOOD

MASS & DEVOTION SCHEDULE FOR MARCH 4TH THROUGH 10TH 2019

MON. 4 8:00AM (Manley) +Father Bradley Zitek

TUE. 5 8:00AM (Manley) +Leo & Alice Uri requested by Janet & Ed Krofta

ASH WEDNESDAY (A day of Fast & Abstinence)

WED. 6 8:00AM (Manley) Special Intention of Myron & JoAnne Richardson
6:00PM (Elmwood)+Eric Rix requested by Mary & Lynn McHugh
7:45PM (Manley) +June Hermann requested by Dorothy Murphy

THU. 7 8:00AM (Manley) Special Intention of Sherry Kunz
6:00PM (Elmwood) STATIONS OF THE CROSS
6:30PM (Elmwood) Special Intention for Barb Walsh req. by St. Mary's Altar Society

FRI. 8 10:00AM (Louisville Care Center) +Dennis Reznicek
5:30PM (Manley) EXPOSITION & HOLY HOUR
6:30PM (Manley) STATIONS OF THE CROSS

7:00PM (Manley) Special Intention of Scott & Cindy Spilinek

SAT. 9 8:00AM (Manley) Special Intention of Gary & Chelsie Shipman Family

SAT. 9 5:00PM (Manley) +Reginald Colbert requested by Family & Friends

SUN. 10 9:00AM (Elmwood) +George Thiel requested by Chris & Barb Walsh
11:00AM (Manley) **FOR THE PEOPLE OF OUR PARISHES**

CONFESSION SCHEDULE: Saturday from 4:15 to 4:50PM.

Sunday: ½ hour before each Sunday Mass, as time allows.

THE LENTEN REGULATIONS FOR THE DIOCESE OF LINCOLN:

FASTING: Ash Wednesday and Good Friday are days of fast as well as abstaining from meat.

This obligation means eating no more than one full meal and if necessary, two smaller meals which together do not equal a full meal. Snacks or eating between meals violate the fast, so are not permitted. **Fasting on Ash Wednesday and Good Friday is binding for ages 18 through 59.**

ABSTINENCE FROM MEAT: Ash Wednesday and all Fridays of Lent (including Good Friday) are days of abstinence from meat or soups and gravy made from meat at all meals. Abstaining from meat on these days is a serious penitential obligation and is **binding for all Catholics 14 years of age and older.** (Older people in good health are expected to abstain from meat on these days.)

* Parents, please be advised and remind your High School youth of these Lenten practices. Regardless of the menu served at school or the selection of entrées, those who are 14 years of age and older are still required to abstain from meat on Ash Wednesday and on all Fridays of Lent. **Those 18 years of age are obligated to fast.**

Please note that these Lenten regulations are serious obligations that bind us under the pain of sin. Even though there are legitimate exceptions that can lift these obligations we, never the less, must

not dismiss these practices as something trivial or optional. **Growing in faith and virtue takes serious effort.** Lent is a time to begin this effort and express our sorrow for our sins by witnessing to our Holy Faith in obedience to our Holy Mother Church. In these simple practices we strengthen our love for God by renouncing our self-will and putting that love to the test through prayer, these and other penitential practices and, of course, good works. ****Legitimate exceptions from these penitential practices include illness, hard manual labor and pregnancy.**

SOUTHERN NEBRASKA REGISTER: It is the policy in our Diocese that every Catholic household is to receive this publication. A donation of at least \$15.00 helps our Parishes defray the cost of bringing to your family, this connection to our Bishop, our Diocesan Family and the worldwide Church. **Please write checks payable to your Parish** as the assessment for this publication is billed to each Parish each month. **Thank You for your support!**

LENTEN SERIES: At the St. Teresa Church, 36th & Randolph St. in Lincoln from 7:30 pm to 8:30 pm on the Mondays of Lent, March 11-April 8. The Lenten Series theme is Spiritual Disciplines.

HOLY FAMILY SHRINE EVENING OF PRAYER: Tuesday evening, March 19th from 6:00 p.m. to 8:30. All are invited to this Lenten evening of prayer and reflection with a backdrop of the natural beauty of Holy Family Shrine. Music by Nikolas Barger and Karla Fitz. Mass starting at 6:30. An art exhibit will follow in the atrium and a brief presentation and book signing by artist and author of Light Collection, Diane Reiber. **Holy Family Shrine is located at: 23132 Pflug Road, Gretna.**

HEALING HEARTS SUPPORT SESSIONS for those who have suffered the loss of a loved one and those offering to assist others in the grief process. The sessions will be held on six weekly Tuesday evenings beginning **March 19, 2019, 7:00-9:00 p.m., at John XXIII Diocesan Center, 37th & Sheridan Blvd. Suggested Donation: \$25 (for materials) To register, please call 402-473-0620.**

TWO DAY UNBOUND CONFERENCE: Lourdes Central Catholic School- Nebraska City NE, Friday, March 15th- 6-9pm & Saturday, March 16th- 8-5pm. Participants will learn about Unbound through live presentations & videos and how it teaches five simple "keys" to break the chains of emotional, spiritual and mental bondage and unlock the doors to freedom. **The event is free but registration is required. Please register by going to: lincolndiocese.org/unbound**

CONFIRMATION DAY OF RECOLLECTION: FOR OUR CONFIRMATION STUDENTS, PARENT(S) AND SPONSORS (if available). **Sunday, March 24th from 2:00 to 5:00 p.m. at Saint Patrick's in Manley. This is not optional for our Confirmation Students!**

CONFIRMATION FOR SAINT PATRICK'S AND SAINT MARY'S: Tuesday, April 2nd, 7:00PM at St. Patrick's in Manley.

SUBSCRIPTION RENEWED TO FORMED.ORG: The online platform for quality movies, books, audio recordings and educational programs from The Augustine Institute, Ignatius Press and Lighthouse Catholic Media. **To register go to Formed.org in your browser. Scroll down and enter the new parish code: KN4A9J** Then you will need to put in your email address and password.

SAINT MARY'S ALTAR SOCIETY DUES: Of \$10.00 to Diann, Pat or Sue. Thank you!

Creighton Model NFP Introductory Sessions are held throughout the Diocese. Single women, engaged or married couples are welcome to attend to learn more about this revolutionary form of women's health tracking and natural family planning. **Sessions meet Diocesan requirements for marriage preparation.** Go to www.lincolndiocese.org/nfp