

SAINT PATRICK MANLEY

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SAINT MARY ELMWOOD

MASS AND DEVOTION SCHEDULE FOR JAN. 30th THROUGH FEBR. 5th 2023

MON. 30 8:00AM (Manley) +Gene & Marie Novotny requested by Pat Miller
TUE. 31 8:00AM (Manley) Mother's Day Intention req. by Tom & Michelle Heimes
WED. 1 8:00AM (Manley) +Lynn Parson requested by Dort Murphy
11:15AM (Villa Marie) Special Int. for Wilmer Herman req. by Dort Murphy
THU. 2 8:00AM (Manley) Special Intention of Jerry & Cathy Smith
7:00PM (Elmwood) Special Intention requested by Jim & Colleen Peterson
FRI. 3 10:00AM (Louisville Care Center) Special Int. for Saint Mary's Altar Society
6:00PM (Manley) EXPOSITION AND HOLY HOUR
7:00PM (Manley) +George Sutter requested by Clare Sutter & Family
SAT. 4 8:00AM (Manley) Special Intention for Jim & Julie Rockwood

SAT. 4 5:00PM (Manley) +Deceased of the Brack Family req. by Brent & Nancy Brack
SUN. 5 9:00AM (Manley) **FOR THE PEOPLE OF OUR PARISHES.**
11:00AM (Elmwood) +Harold Engle requested by Sue & Tom Ronhovde

CONFESSION SCHEDULE: Saturday from 4:15 to 4:50PM.
Sunday: ½ hour before each Sunday Mass, as time allows.

From the treatise on Spiritual Perfection by Diadochus of Photice, Bishop:

The spiritual sense to distinguish between good and evil

“The light of true knowledge makes it possible to discern without error the difference between good and evil. Then the path of justice, which leads to the Son of Justice, brings the mind into the limitless light of knowledge, since it never fails to seek the love of God with all confidence.

Therefore, we must maintain great stillness of mind, even in the midst of our struggles. We shall then be able to distinguish between the different types of thoughts that come to us; those that are good, those sent by God, we will treasure and those that are evil and inspired by the devil, we will reject. A comparison with the sea may help us. A tranquil sea allows the fisherman to gaze right to its depths. No fish can hide there and escape his sight. The stormy sea, however, becomes murky when it is agitated by the winds. The very depths that it revealed in its placidness are now hidden. The skills of the fisherman are of little use.

Only the Holy Spirit can purify the mind: unless the strong man enters and robs the thief, the treasure will not be recovered. So by peace of soul, we must try to provide the Holy Spirit with a resting place. Then we shall have the light of knowledge shining within us at all times. And this will reveal, for what they are, those dark and hateful temptations that come from temptations and sin. Not only will the Light of the Spirit reveal them, but this holy and glorious Light will also greatly diminish their power.

This is why the Apostle says: ‘Do not stifle the Spirit.’ For the Holy Spirit is the Spirit of goodness and we must not grieve him by our willingness to harbor evil actions and thoughts, and so deprive ourselves of the defense His Light affords. In His own being, which is eternal and life-giving, the Spirit is not stifled, but when He is grieved He turns away and leaves the mind as it desires, in darkness; deprived of the light of knowledge.

The mind is capable of tasting and distinguishing accurately whatever is presented to it. Just as when our health is good we can tell the difference between good and bad food by our bodily sense of taste and reach for what is wholesome, so when our mind is strong and free from all anxiety toward the Spirit, it is able to taste the richness of divine consolation, and to preserve, through love, the memory of this taste. This teaches us what is best with absolute certainty. As Saint Paul says: ‘My prayer is that your love may increase more and more in knowledge and insight, and so enable you to choose what is best.’ (Philippians 1:9)”

DONATIONS FOR POINSETTIAS: St. Mary's Altar Society would like to thank the following for making a donation for a poinsettia in memory of someone.

Jill Adams for Mike Anderson **Pat Miller** for Marie & Gene Novotny and Glenn & Mary Miller
Diann Stille for Pete Mattea **Colleen Peterson** for family members
Mike Nespor for family members **Sue Ronhovde** for Joyce Halvorson
Mary McHugh **Betty Navrkal** for Chris & Tom Navrkal

IN NEED OF SOME SPIRITUAL REFRESHMENT? Our Lady of Good Counsel Retreat House, Waverley has several retreats in which you can drink deeply of His Love. Join us on:
February 2nd -5th with Fr. William Holoubek for the “Unbound: Freedom in Christ” retreat,
February 10th-11th for our women's "Winter Symposium" with LDCCW,
February 24th-26th "I+You=We Marriage Workshop" with Fr. Jaroslaw "Jay" Szymczak and our "Meeting God in the Desert":
February 22nd: Ash Wednesday day of reflection" with Deacon Matthew Hecker. Learn more at: www.goodcounselretreat.org, email office@goodcounselretreat.org or call 402-786-2705.

PLEASE FAST & PRAY ON MONDAYS: Planned parenthood in Lincoln is now performing abortions on Mondays. Pray for mothers and fathers to choose life for their babies and may they receive all the support, strength and holy guidance they need.

SAINT MARY'S ALTAR SOCIETY DUES: Our Altar Society is now collecting dues for 2023. Ladies of Saint Mary's Parish are asked to pay \$10.00 to Pat Miller or Sue Ronhovde or Diann Stille. Your prompt payment is appreciated.

WORLDWIDE MARRIAGE ENCOUNTER WEEKEND: Learn to prioritize the important things. Give the gift of time to each other this new year! **The next Encounter Weekend is February 10-12th in Lincoln.** For more information visit our website at: www.wwme.org Register early!

DATE NIGHT: Make time for your Vocation! The Family Life Office invites you to a date night out on February 14th, 6-9 pm at UNL Newman Center Rosary Hall with Vanessa Neuhaus, a family and marriage therapist, speaking. The topic is "Boundaries and Marriage". \$45 for dinner/drinks/apps for two or come for free to the talk and go out to eat on your own (will also be streamed). More info/registration at <https://lincolndiocese.regfox.com/datenightfeb> Limited free babysitting available!